

just let
yourself
fall

massage offers Hotel Hinteregger

Classic Massages

Anti-Stress full body massage

Give your body the attention it needs.

Energies are released - a state of absolute well-being sets in.

Duration 40 min

Cost 55 €

Classic back massage

The entire back musculature is highly stressed, therefore the loosening of these muscles is particularly important.

Promotes blood circulation, relaxing, loosens agglutinated fascia, loosens the muscles.

Duration 25 min

Cost 45 €

Regeneration massage for overstrained muscles

For back and legs especially after sports activities

Targeted massage strokes in combination with the active ingredients of original Tyrolean stone oil and the refreshing rub with skin tonic provide optimal support for regeneration - sore muscles are alleviated and prevented.

Duration 30 min

Cost 55 €

Foot reflex zone massage

Relaxing - regulating - balancing - a benefit for the whole body.

Duration 25 min

Cost 42 €

Special massages

Time out at Hinteregger – one hour of pure relaxation

Back - legs - head - (without oil)

A successful combination of classic massage and deep relaxation allows you to quickly forget the stress of everyday life loosens muscle tension, agglutinated fasciae are loosened a state of absolute relaxation.

Duration 55 min

Cost 65 €

Craniosacral – balancing – therapy

This gentle treatment method is suitable for all ages and conditions.

Both for the treatment of acute chronic complaints, as well as for pure deep relaxation or as prevention. (Migraine, back problems, concentration disorders, sleep disorders, stress symptoms, ...)

The ability of each body to self-regulate and the self-healing powers are stimulated.

Duration 55 min

Cost 65 €

Aroma massage – with 100% natural organic oils

An aroma oil massage is just the right thing to pamper your body and soul. The wonderful scents, the warm oil, and the flowing massage lead to a particularly deep, restful relaxation. The 100% natural organic oils of 'Feeling' are individually selected and blended for you. Let yourself be inspired by the secret magic of scent.

Duration 55 min

Cost 67 €